



Lotta Fruita Pops

Nutrition Facts			
Serving Size 1 Pop (56g)			
Servings Per Container 20			
Amount Per Serving			
Calories 40	Calories from Fat 0		
% Daily Value*			
Total Fat 0g	0%		
Saturated Fat 0g	0%		
<i>Trans</i> Fat 0g			
Cholesterol 0mg	0%		
Sodium <5mg	<1%		
Total Carbohydrate 10g	3%		
Dietary Fiber 0g			
Sugars 8g			
Protein 0g			
Vitamin A 0%	• Vitamin C 0%		
Calcium 0%	• Iron 0%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400m
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

POP INGREDIENTS: WATER, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, GUAR GUM, NATURAL FLAVOR, ARTIFICIAL FLAVOR, ARTIFICIAL COLORS (BLUE #1, RED #40, YELLOW #5, YELLOW #6), SODIUM BENZOATE.