



## Fudge Ice Cream Bar

<b>Nutrition Facts</b>	
Serving Size 1 Bar (70g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 100	Calories from Fat 0
% Daily Value*	
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 90mg	<b>4%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
Dietary Fiber 0g	
Sugars 17g	
<b>Protein</b> 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

**INGREDIENTS:** SKIM MILK AND SKIM MILK SOLIDS\*, WHEY, SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, ALKALIZED COCOA, GUAR GUM.

\* A TRIVIAL SOURCE OF FAT.