



Fudge Ice Cream Bar

Nutrition Facts	
Serving Size 1 Bar (70g)	
Servings Per Container 6	
Amount Per Serving	
Calories 100	Calories from Fat 0
% Daily Value*	
Total Fat 0g	0%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 90mg	4%
Total Carbohydrate 22g	7%
Dietary Fiber 0g	
Sugars 17g	
Protein 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 8%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: SKIM MILK AND SKIM MILK SOLIDS*, WHEY, SUGAR, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, ALKALIZED COCOA, GUAR GUM.

* A TRIVIAL SOURCE OF FAT.