



Chocolate and Vanilla Lactose Free Ice Cream Bar

Nutrition Facts			
Serving Size 1 Bar (49g)			
Servings Per Container 6			
Amount Per Serving			
Calories 130	Calories from Fat 90		
% Daily Value*			
Total Fat 10g	15%		
Saturated Fat 7g	35%		
<i>Trans</i> Fat 0g			
Cholesterol 25mg	8%		
Sodium 40mg	2%		
Total Carbohydrate 9g	3%		
Dietary Fiber 3g	12%		
Sugars 6g			
Protein 3g			
Vitamin A 4%	Vitamin C 2%		
Calcium 10%	Iron 2%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400m
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

ICE CREAM INGREDIENTS: CREAM, MILK, SKIM MILK SOLIDS, POLYDEXTROSE, MALTODEXTRIN, CHOCOLATE BASE (SUGAR, WATER, ALKALIZED COCOA, CORN SYRUP, SALT), STABILIZER (MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN), NATURAL FLAVOR, LACTASE ENZYME*

CHOCOLATE COATING INGREDIENTS: COCONUT OIL, SUGAR, CHOCOLATE LIQUOR, COCOA, NONFAT MILK, SOY LECITHIN, VANILLA A.

*NOT FOUND IN REGULAR ICE CREAM BARS.

CONTAINS: MILK, SOY