



Low Fat Mini Sundae Cone

Nutrition Facts			
Serving Size 1 Cone (40g)			
Servings Per Container 1			
Amount Per Serving			
Calories 80	Calories from Fat 20		
% Daily Value*			
Total Fat 1.5g	2%		
Saturated Fat 0.5g	3%		
<i>Trans</i> Fat 0g			
Cholesterol 5mg	2%		
Sodium 50mg	2%		
Total Carbohydrate 14g	5%		
Dietary Fiber 0g			
Sugars 9g			
Protein 1g			
Vitamin A 2%	•		
Calcium 4%	•		
Vitamin C 0%			
Iron 0%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400m
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

LOW FAT ICE CREAM INGREDIENTS:

MILK AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, MONO AND DIGLYCERIDES, GUAR GUM AND ARTIFICIAL FLAVORS, CELLULOSE GUM, CARRAGEENAN, VEGETABLE ANNATTO COLOR AND VITAMIN A PALMITATE.

CHOCOLATE INGREDIENTS:

COCONUT OIL, SUGAR, WHEY, COCOA (PROCESSED WITH ALKALI), PARTIALLY HYDROGENATED COCONUT OIL, NONFAT AND WHOLE MILK POWDER, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVORS.

CONE INGREDIENTS: BLEACHED WHEAT FLOUR, SUGAR, SOYBEAN AND/OR PALM OIL, SOY LECITHIN, SALT, CARAMEL COLOR.

CONTAINS: MILK, WHEAT, SOY