



Rich N' Chips Ice Cream Sandwich

Nutrition Facts	
Serving Size 1 Sandwich (86g)	
Servings Per Container 1	
Amount Per Serving	
Calories 290	Calories from Fat 130
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 200mg	8%
Total Carbohydrate 39g	13%
Dietary Fiber 4g	16%
Sugars 20g	
Protein 4g	
Vitamin A 4%	•
Calcium 8%	•
	Vitamin C 0%
	Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

ICE CREAM INGREDIENTS: MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, ARTIFICIAL FLAVOR AND VEGETABLE ANNATTO COLOR.

WAFER INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID) PARTIALLY HYDROGENATED OILS: SOYBEAN, COTTONSEED, SUGAR, SEMISWEET CHOCOLATE CHIPS [SUGAR, CHOCOLATE LIQUOR, COCOA BUTTER, CORN SUGAR, SOY LECITHIN (EMULSIFIER)], BROWN SUGAR, SALT, LEAVENING (BAKING SODA, AMMONIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE), NATURAL FLAVOR.

CHOCOLATE CHIP INGREDIENTS: SUGAR, PARTIALLY HYDROGENATED COCONUT OIL, ALKALIZED COCOA, COCOA, VANILLA, SOY LECITHIN, SALT.

CONTAINS: MILK, WHEAT, SOY