



Frosted Strawberry Shake

Nutrition Facts	
Serving Size 10oz. (158g)	
Servings Per Container 1	
Amount Per Serving	
Calories 230	Calories from Fat 50
% Daily Value*	
Total Fat 5g	8%
Saturated Fat 2.5g	13%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 125mg	5%
Total Carbohydrate 43g	14%
Dietary Fiber 0g	
Sugars 43g	
Protein 5g	
Vitamin A 3%	• Vitamin C 0%
Calcium 20%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, STRAWBERRY PUREE (STRAWBERRIES, SUGAR, WATER, MODIFIED FOOD STARCH, NATURAL FLAVORS, CITRIC ACID, RED #40), WHEY, HIGH FRUCTOSE CORN SYRUP, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, CITRIC ACID, AND ARTIFICIAL FLAVOR.