



Lotta Cremes Pops

Nutrition Facts	
Serving Size 1 Pop (46g)	
Servings Per Container 20	
Amount Per Serving	
Calories 50	Calories from Fat 5
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol <5mg	1%
Sodium 25mg	1%
Total Carbohydrate 10g	3%
Dietary Fiber 0g	
Sugars 8g	
Protein 1g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

POP INGREDIENTS: WATER, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, CITRIC ACID, GUAR GUM, NATURAL AND ARTIFICIAL FLAVORS, BLUE #1, RED #40, YELLOW #5 AND #6, SODIUM BENZOATE, CARAMEL COLOR.

LOWFAT ICE CREAM INGREDIENTS: MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, ARTIFICIAL FLAVOR AND VEGETABLE ANNATTO COLOR.