



Frog Spit Push Pop

Nutrition Facts	
Serving Size 1 Pop (65g)	
Servings Per Container 6	
Amount Per Serving	
Calories 80	Calories from Fat 10
% Daily Value*	
Total Fat 1g	2%
Saturated Fat 0.5g	3%
<i>Trans</i> Fat 0g	
Cholesterol <5mg	1%
Sodium 10mg	1%
Total Carbohydrate 18g	6%
Dietary Fiber 0g	
Sugars 14g	
Protein 1g	
Vitamin A 6%	• Vitamin C 0%
Calcium 2%	• Iron 0%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

INGREDIENTS: WATER, MILK AND CREAM, SUGAR, CORN SYRUP, LEMON-LIME PUREE, CONCENTRATED APPLE JUICE, WATER, CITRIC ACID, SODIUM CITRATE, ASCORBIC ACID (VITAMIN C), NATURAL AND ARTIFICIAL FLAVORS, CONCENTRATED LEMON JUICE, CONCENTRATED LIME JUICE, ETHYL MALTOL, YELLOW #5, BLUE #1, HIGH FRUCTOSE CORN SYRUP, WHEY, CITRIC ACID, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CAROB BEAN GUM, PECTIN, VITAMIN A PALMITATE.