



King Original Ice Cream Sandwich

Nutrition Facts	
Serving Size 1 Sandwich (96g)	
Servings Per Container 1	
Amount Per Serving	
Calories 280	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 7g	35%
<i>Trans</i> Fat 0g	
Cholesterol 35mg	12%
Sodium 220mg	9%
Total Carbohydrate 38g	13%
Dietary Fiber 1g	4%
Sugars 23g	
Protein 4g	
Vitamin A 6%	• Vitamin C 0%
Calcium 8%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

ICE CREAM INGREDIENTS: MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, ARTIFICIAL FLAVOR AND VEGETABLE ANNATTO COLOR.

WAFER INGREDIENTS: BLEACHED WHEAT FLOUR, SUGAR, CARAMEL COLOR, DEXTROSE, PALM OIL, CORN FLOUR, COCOA, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, MODIFIED CORNSTARCH, BAKING SODA, SALT, MODIFIED CORNSTARCH, MONO AND DIGLYCERIDES, SOY LECITHIN.

CONTAINS: MILK, WHEAT, SOY