



## Triple Chocolate Ice Cream Sandwich

<b>Nutrition Facts</b>			
Serving Size 1 Sandwich (71g)			
Servings Per Container 12			
Amount Per Serving			
<b>Calories</b> 160	Calories from Fat 60		
% Daily Value*			
<b>Total Fat</b> 6g	<b>9%</b>		
Saturated Fat 3.5g	<b>18%</b>		
<i>Trans</i> Fat 0g			
<b>Cholesterol</b> 20mg	<b>7%</b>		
<b>Sodium</b> 120mg	<b>5%</b>		
<b>Total Carbohydrate</b> 24g	<b>8%</b>		
Dietary Fiber 1g	<b>4%</b>		
Sugars 13g			
<b>Protein</b> 2g			
Vitamin A 4%	Vitamin C 0%		
Calcium 6%	Iron 2%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400m
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

**ICE CREAM INGREDIENTS:** MILKFAT AND NONFAT MILK, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, ALKALIZED COCOA, WHEY, CHOCOLATE LIQUOR, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, NATURAL FLAVOR.

**WAFER INGREDIENTS:** BLEACHED WHEAT FLOUR, SUGAR, CARAMEL COLOR, CORN SUGAR, PALM OIL, CORN FLOUR, COCOA, HIGH FRUCTOSE CORN SYRUP, CORN SYRUP, MODIFIED CORN STARCH, BAKING SODA, SALT MONO AND DIGLYCERIDES, SOY LECITHIN.

**CONTAINS: MILK, WHEAT, SOY**