



## UFO Ice Cream Sandwich

<b>Nutrition Facts</b>	
Serving Size 1 Sandwich (106g)	
Servings Per Container 1	
Amount Per Serving	
<b>Calories</b> 360	Calories from Fat 180
<b>% Daily Value*</b>	
<b>Total Fat</b> 20g	<b>31%</b>
Saturated Fat 12g	<b>60%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 30mg	<b>10%</b>
<b>Sodium</b> 230mg	<b>10%</b>
<b>Total Carbohydrate</b> 40g	<b>13%</b>
Dietary Fiber 2g	<b>8%</b>
Sugars 35g	
<b>Protein</b> 5g	
Vitamin A 4%	Vitamin C 0%
Calcium 6%	Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000      2,500
Total Fat	Less than 65g      80g
Sat Fat	Less than 20g      25g
Cholesterol	Less than 300mg      300mg
Sodium	Less than 2,400mg      2,400m
Total Carbohydrate	300g      375g
Dietary Fiber	25g      30g

**ICE CREAM INGREDIENTS:** MILKFAT AND NONFAT MILK, CORN SYRUP, SUGAR, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, ARTIFICIAL FLAVOR AND VEGETABLE ANNATTO COLOR COATING, MILK, SOY, LECITHIN, NATURAL AND ARTIFICIAL FLAVOR,.

**OATMEAL COOKIE INGREDIENTS:** ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN, RIBOFLAVIN), SUGAR, ROLLED OATS, PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, OAT FLOUR, RAISINS, HIGH FRUCTOSE CORN SYRUP, SALT, SODIUM BICARBONATE, AMMONIUM BICARBONATE, ARTIFICIAL FLAVOR, CINNAMON.

**CHOCOLATE COATING INGREDIENTS:** COCONUT OIL, SUGAR, CHOCOLATE LIQUOR, COCOA, MILK POWDER, SOY LECITHIN, VANILLA.

**CONTAINS: MILK, WHEAT, SOY**