



UFO Ice Cream Sandwich

Nutrition Facts	
Serving Size 1 Sandwich (82g)	
Servings Per Container 6	
Amount Per Serving	
Calories 320	Calories from Fat 130
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 12g	60%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 180mg	8%
Total Carbohydrate 37g	12%
Dietary Fiber 2g	8%
Sugars 19g	
Protein 4g	
Vitamin A 4%	• Vitamin C 0%
Calcium 6%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

ICE CREAM INGREDIENTS: MILK, CREAM, SKIM MILK SOLIDS, SUGAR, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZER (MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN), NATURAL AND ARTIFICIAL FLAVOR, ANNATTO COLOR.

OATMEAL COOKIE INGREDIENTS: ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMIN, RIBOFLAVIN, FOLIC ACID), SUGAR, OATS, PALM OIL, OAT FLOUR, RAISIN PASTE, SALT, BAKING SODA, AMMONIUM BICARBONATE, NATURAL AND ARTIFICIAL FLAVOR, CINNAMON.

CHOCOLATE COATING INGREDIENTS: COCONUT OIL, SUGAR, CHOCOLATE LIQUOR, COCOA, MILK POWDER, SOY LECITHIN, VANILLA.

CONTAINS: MILK, WHEAT, SOY