



Ice Cream Bar

Nutrition Facts	
Serving Size 1 Bar (48g)	
Servings Per Container 12	
Amount Per Serving	
Calories 140	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 35mg	1%
Total Carbohydrate 15g	5%
Dietary Fiber 0g	
Sugars 13g	
Protein 2g	
Vitamin A 2%	• Vitamin C 0%
Calcium 6%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

ICE CREAM INGREDIENTS: MILK, NONFAT MILK SOLIDS, SUGAR, CREAM, CORN SYRUP, HIGH FRUCTOSE CORN SYRUP, WHEY, STABILIZED AND EMULSIFIED BY MONO AND DIGLYCERIDES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN, NATURAL AND ARTIFICIAL FLAVOR AND VEGETABLE ANNATTO COLOR.

CHOCOLATE COATING INGREDIENTS: SUGAR, COCONUT OIL, PARTIALLY HYDROGENATED SOYBEAN OIL, ALKALIZED COCOA, MILK, WHEY, COCOA BUTTER, COCOA, SOYBEAN OIL, HYDROGENATED PALM OIL, PALM KERNEL OIL, SOY LECITHIN, NATURAL AND ARTIFICIAL FLAVOR.

CONTAINS: MILK, SOY