



Olde Fashioned Black Raspberry Chocolate Crunch Cone

Nutrition Facts	
Serving Size 1 Cone (71g)	
Servings Per Container 1	
Amount Per Serving	
Calories 230	Calories from Fat 90
% Daily Value*	
Total Fat 10g	15%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 20mg	7%
Sodium 95mg	4%
Total Carbohydrate 34g	11%
Dietary Fiber 1g	4%
Sugars 21g	
Protein 3g	
Vitamin A 4%	Vitamin C 2%
Calcium 8%	Iron 4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your caloric needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400m
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g

ICE CREAM INGREDIENTS: MILK, CREAM, SUGAR, BLACK RASPBERRY BASE (CORN SYRUP, BLACK AND RED RASPBERRY PUREE, BLACK CURRANT, ELDERBERRY, BLACKBERRY AND BEET JUICE COLORS, CITRIC ACID, NATURAL FLAVOR AND CAROB BEAN GUM), SKIM MILK SOLIDS, CORN SYRUP, WHEY, STABILIZER (MONO AND DIGLYCERDIES, GUAR GUM, CELLULOSE GUM AND CARRAGEENAN), BEET JUICE (COLOR).

CHOCOLATE CONE INGREDIENTS: BLEACHED WHEAT FLOUR, SUGAR, COCOA, SOYBEAN AND/OR PALM OIL, SOY LECITHIN, ARTIFICIAL FLAVOR, SALT, SUGAR.

CHOCOLATE COATING INGREDIENTS: SUGAR, COCONUT OIL, COCOA, SOYBEAN OIL, WHEY, ALKALIZED COCOA, MILK POWDER, NONFAT MILK, PALM OIL, SOY LECITHIN, VANILLA), DARK CHOCOLATE.

CHOCOLATE CRUNCH INGREDIENTS: BLEACHED WHEAT FLOUR, SUGAR, ALKALIZED COCOA, PALM OIL, CORN SYRUP, CORN FLOUR, SOY LECITHIN, BAKING SODA, SALT, NATURAL AND ARTIFICIAL FLAVORS.

CONTAINS: MILK, WHEAT, SOY